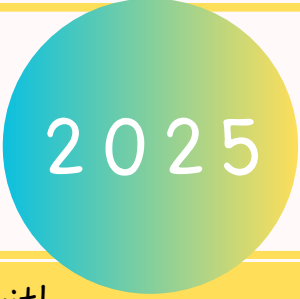




Help Me Grow Geauga County Early Intervention Metzenbaum Newsletter



Serving Geauga County children from birth to age 3 with Developmental Disabilities. Helping people Live, Learn, and Earn in our community.

Visit our website for more information on services provided by the Geauga County Board of Developmental Disabilities:

www.geaugadd.org



@GeaugaDD



@GeaugaDD

Are you Concerned?

You know your child best. If you have concerns that your child has a delay/disability or know someone who has concerns, call us! There is no need to "wait and see." Early Intervention (EI) works with families with children birth to age 3 who have developmental disabilities so that they have the best possible start in life. To make a referral: Visit www.ohioearlyintervention.org to complete the process online or call us at 1-800-755-GROW



METZENBAUM CENTER

The Geauga County Board
Of Developmental Disabilities



CHECK THIS OUT



**Department of
Children & Youth**

Help Me Grow

Screen your child's developmental milestones through age 5 with the **FREE Sparkler: Play for Parenting** app.

Presented by Ohio's Help Me Grow program

- Uncover new milestones to celebrate!
- Find out whether there are any concerns.
- Learn about supportive services.



Get the **FREE Sparkler: Play for Parenting** app through Ohio's Help Me Grow program.

Visit: www.helpmegrow.org/ASQ



On March 6th we celebrated our Annual *NIGHT TO SHINE* event with 22 families. Night to shine is a kid friendly walk down the red carpet with music, refreshments, and fun to celebrate your child. A big thanks to all of our community partners for the generous donations so that each family received a gift!



Center for the Young Child

The Center for the Young Child is excited to announce the new Family Support Specialists program in partnership with Ohio Early Intervention. This program is designed to support parents of young children beginning their early intervention journey. Family Support Specialists are parents with lived experience that can provide families with information and resources so they can better support their child with a developmental delay or suspected delay.



Check out the newly installed Help Me Grow kiosk in the Children's Department of the Middlefield Branch of Geauga County Public Library. Help Me Grow is excited to offer these kiosks around Ohio so people can learn about all the ways the program supports pregnant individuals and caregivers with young children. You can sign up for Help Me Grow services at the kiosk! Thanks to Geauga Library's assistant director Katy Farrell and team for your collaboration!

KIDS 7 MINUTE HIIT WORK OUT FOR SELF-REGULATION

Set an interval timer and complete each animal movement for 45 seconds, with 15 seconds of rest in between. Do as many as you can!



FROG JUMPS
Hop, hop, back and forth like a frog



BEAR WALK
Hands & feet on the floor, hips high - walk left and right



GORILLA SHUFFLE
Sink into a low sumo squat, with hands on the floor, shuffle around the room.



STARFISH JUMPS
Jumping jacks as fast as you can, with arms and legs spread wide.



CHEETAH RUN
Run in place, as FAST as you can! Just like the fastest animal in the Sahara.



CRAB CRAWL
Sit and place your palms flat on the floor behind you near your hips. Lift up off the ground and crawl.



ELEPHANT STOMPS
March in place lifting your knees as high as you can and stomping the ground as hard as you can!

RAISING AN EXTRAORDINARY PERSON
[HTTPS://HES-EXTRAORDINARY.COM](https://hes-extraordinary.com)



The Why

BEHIND THE BEHAVIOR



All behavior is communication

To find out why a behavior is occurring...look at the ABC's:

- A= Antecedent...what happens right BEFORE the behavior
- B= Behavior...observe and record it
- C= Consequence...what happens right AFTER the behavior

Look for patterns that suggest the "why"

Common "Why"s:

- Access to items/activities
- Escape from tasks
- Attention
- Sensory



Thanks to all our families who participated in Morning to Shine, a red carpet event for our community families who participate in Movin with Music and Mini Music classes.



The Early Childhood Subcommittee meeting will be held Thursday April 3, 2025 via zoom at 10:00 AM. Meeting ID 858 31683141 Passcode 821390 Meeting link

The ECS is an advisory group of Geauga Family First Council. Membership is comprised of various community agencies, representatives, and parents who partner together to share ideas, experiences, and expertise in the area of early childhood development. The focus of the group is to gather input regarding direction, planning & success for the Geauga County Help Me Grow program. We encourage Help Me Grow parents to join us to share feedback about services they are receiving and/or gaps in services they might be experiencing. We value your opinions, and your time is valuable to us and will send you a \$25 gift card for attending the meeting. Please contact your Service Coordinator if you have any questions.



Parent Rights



To file a complaint about your child's early intervention services please contact:

The Ohio Department of DD EI via:

Phone: 614.466.6879

Email: ei@dodd.ohio.gov

Mail: Ohio Dept. of DD

Early Intervention

30 East Broad Street, 12th Fl.

Columbus, OH 43215

Click Here to View Your Rights as a Parent!



Payment choices for additional Early Intervention (EI) services determined by child's IFSP. Additional EI services may include Audiology, assistive technology devices or other needed services to meet IFSP outcomes as determined by your child's EI team. For more information contact your child's Service Coordinator.

Click Here to Learn about System of Payment!