



**What is the Mandt System:** The Mandt System is a holistic, integrated approach to preventing, de-escalating, and if necessary, intervening when the behavior of an individual poses a threat of harm to themselves and/or others. The focus of The Mandt System is on building healthy relationships; creating healthy communication; evidence-based conflict resolution techniques; as well as creating a culture that provides the emotional, psychological, and physical safety that fosters the teaching of replacement of “challenging” behaviors. The Mandt System integrates knowledge about the neurobiological impact of trauma with the principles of positive behavior support while minimizing the use of coercion in behavior change practices.

The emphasis of the Mandt System is to learn how to support people, not just their behaviors.™

Successful completion of two-day training results in Mandt System Certification.

**Who Can Register:** Geauga County Board of Developmental Disabilities Providers

**Requirements for Initial Certification:** Must attend two full days (8:30 a.m. to 4:30 p.m. each day) for initial certification. Must be on time and participate in class for successful completion.

Annual recertification is required to maintain certification via completion of a one-day training. If annual recertification is not completed within time limits, will need to retake initial two day training.

**Medical Risks.** This training involves physical training techniques. Participants must be able to perform various physical skills such as maintaining balance while moving, maintaining balance while being pushed/pulled, ability to lower self to “half-squat” position, physical coordination and skill. If you have a medical condition that might prevent you from performing such tasks, you may need a medical release from your doctor to complete the training. Please contact Polly Mix at email/number below should you have medical conditions that might prevent you from completing the physical portions of the training **prior to enrolling** in the class.

**Training Expectations.** Wear comfortable clothes and shoes that allow you to engage in the physical training techniques. Bring lunch on both days as you will not have time to go purchase lunch.

**Where to Get More Info:** For more information contact Polly Mix, Behavior Support Coordinator at 440-729-9406 x 1552 or email at [pmix@geaugadd.org](mailto:pmix@geaugadd.org)

**How to Register:** Spots are limited, and registration is required. To register go to <https://www.geaugadd.org/provider-resources/classes-events/>

**Must have a Minimum of 2 People Registered by the Friday before the Training Date for training to proceed on that date.**

